



About Us

We are a network of mothers who provide mother-to-mother support for breastfeeding and other parenting challenges. As Northwest Territories' Breastfeeding Support Group, we promote and support mothers feeding breast milk in any way, in any amount. We support all women and families in their journey to feed their babies with love, and we realize that this may look different for different families.

We believe that breast milk is the ideal first choice, that any amount of breastfeeding is beneficial, and we support women to breastfeed for as long as feels right for their family and situation. We also understand that families sometimes find themselves in situations where they need to look at alternative solutions to feed their babies with love. We do not believe in judging or shaming women for their feeding choices; our goal is to support all families in all situations.

We have volunteers and members with varied breastfeeding experiences, many of whom have ultimately managed to have a successful breastfeeding relationship despite significant challenges. These women are very willing to share experiences and success stories. We truly believe that although breastfeeding is not always easy, it is worth the effort and that peer support is one of the best ways to help other mothers meet their breastfeeding goals.

What We Do

Moms, Boobs and Babies offers monthly support meetings in Yellowknife, we operate a toll-free breastfeeding peer support telephone line, and we help Yellowknife Public Health facilitate postnatal classes. We also provide peer support and breastfeeding encouragement through our Facebook group, we provide a lending library for breastfeeding and parenting books, and we host Yellowknife's Breastfeeding Challenge annually in October to see how many breastfeeding pairs we can have in one place.

Our organization also enhances our support efforts when funding is available by creating resource material, including "tips for a good latch", a breastfeeding diary book, a breastfeeding friendly map of Yellowknife, brochures on breastfeeding challenges as identified through our meetings, providing breastfeeding kits of resources to communities all over the NWT, and we have recently developed a training program for breastfeeding and peer support to be offered annually to our volunteers and other interested community members.



VOLUNTEER REGISTRATION FORM

First Name: Last Name:

Address:

Email: Phone number:

Interest: Availability:

Experience:

MBB Volunteer Policies

1. You agree to uphold MBB as a safe and inclusive place for mothers, babies and families. Whether volunteering in the MMB space or out on location we embrace all cultures and people, offering a welcoming environment for all to feel safe and open.
2. You agree all written and oral communications are confidential and will not disclose any information obtained while volunteering with MBB.
3. You agree to keep the MBB space clean and tidy.
4. You agree to be reliable. Many will be counting on you to keep your commitments.
5. You agree to get a criminal record check and hand it in to MBB in a timely manner.

By signing below you agree to the policies listed above

Signature

Printed Name



Date:

Dear Yellowknife RCMP,

Re: Criminal Records Check Request for _____.

The above-named applicant requires a Criminal Records Check for her employment as a Coordinator with Moms, Boobs and Babies. She requires a Vulnerable Sector Check due to the nature of our organization and her position. We require this because:

- She will be working with families with babies and young children, and could be one-on-one depending on the attendance of different sessions
- Mothers attending our organizing may be coming with great challenges, and therefore can be vulnerable mentally and emotionally

Sincerely,

Chelsea Casson

Co-Chair, Moms, Boobs and Babies